

A black and white photograph of an elderly man with glasses, smiling, with a young child sitting on his shoulders. The child is also smiling and looking down at the man.

My diagnosis
was quicker

*Thanks to the information
in my care record*

Introduction for Health and Care Professionals

***My Care Record* is an approach to improving care by joining up health and care information.**

It will support you to share information with other health and care services in our region - so that wherever possible, you will be able to access up-to-date information about the individuals you are caring for.

***My Care Record* will make sharing information across services within our region easier.**

My Care Record is being implemented across the East of England. Being part of a simple, consistent approach that works across boundaries will bring significant benefits. It will help to improve the care your patients receive as well as reduce the time spent on administration to co-ordinate care.

Having *My Care Record* in place will make sure you and your patients can benefit as we invest in more technology to share care records across services. It will also allow us to make the most of the technology we already have.

How does My Care Record work?

- Under GDPR there is a legal basis to share information between health and care services when it is needed to deliver care. *My Care Record* supports this by providing an agreement between the organisations involved. This means they commit to sharing information in a secure way to help improve the care they provide.
- *My Care Record* also provides ongoing communications to tell the public how and why we will use their information. We are setting the expectation that health and care professionals will access information that is needed for direct care from other services whenever possible. Before the approach goes live there is a period of preliminary communication with the public called 'fair-processing'.
- Several different types of technology make the approach possible. Some of these are already in place, in other areas more work is underway to invest in the technology needed. This includes situations where different services use the same system. It also covers technology that links systems together or allows information to be viewed between them.
- Individuals can choose to object to their information being shared. Please see the *My Care Record* website for more information.

My Care Record and Population Health Management

We are also using the *My Care Record* communications to signpost the public to population health management programmes.

Certain information – that doesn't identify the individual – will also be used to help improve services and plan for the future.

Please be assured that data from individuals in your care will not be used without agreement from your organisation and that you will receive further information when programmes are introduced.

My Care Record and Summary Care Record

My Care Record is a local approach which is being introduced to provide more joined-up care to people living in the area. This is in addition to the national Summary Care Record + Additional Information which also has valuable benefits to patients.